

OVERDOSES IN HAWAI'I

2024



<https://go.hawaii.edu/m2a>

2024 Fatal Overdoses in Hawai'i

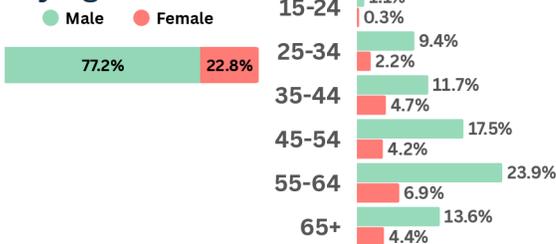
- **360 deaths** from unintentional and undetermined drug overdoses statewide
- **98%** of those who died were Hawai'i residents
- Overdose deaths increased by **10.4%** from 2023 to 2024 (326 to 360 deaths)



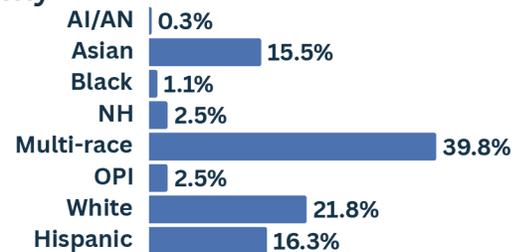
Nearly **8 in 10** overdose deaths had at least one potential opportunity for intervention

Who died from drug overdoses?

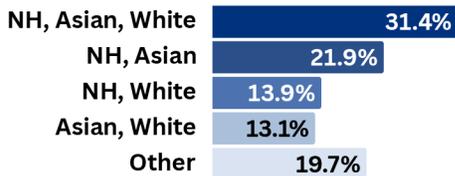
By Age and Sex



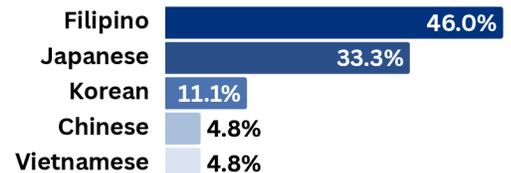
By Race and Ethnicity



Multi-Race Breakdown (39.8%)



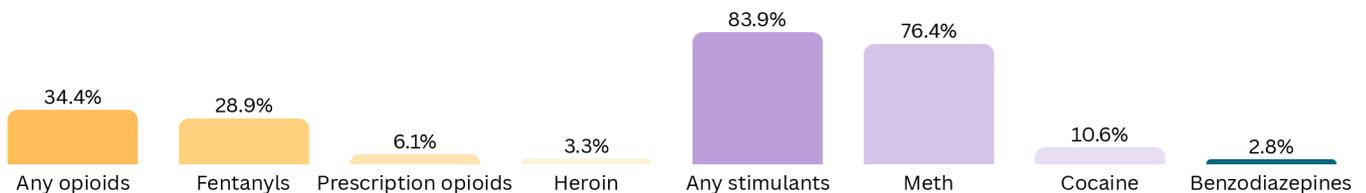
Asian Breakdown (15.5%)



The largest proportion of overdose deaths were among individuals who were 55-64 years old, male, and multi-race.

What drugs were involved?

Percentages of Overdose Deaths by Drug Type (Not Mutually Exclusive)



Polysubstance Use

- Opioids and stimulants
- Opioids and no stimulants
- Stimulants and no opioids
- Neither opioids nor stimulants

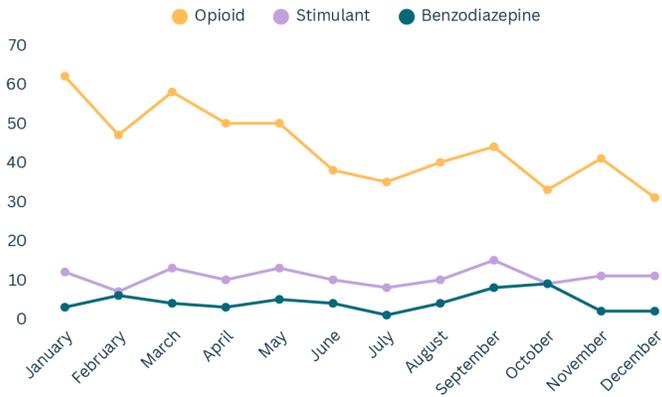


Stimulants, mainly methamphetamine, were involved in most overdose deaths, and nearly **1 in 4 deaths** (23.6%) involved both opioids and stimulants.

Data source: Hawai'i State Unintentional Drug Overdose Reporting System (SUDORS). SUDORS is a national surveillance system that provides comprehensive data on unintentional and undetermined-intent drug overdose deaths by state. **Note:** NH = Native Hawaiian; OPI = Other Pacific Islander; AI/AN=American Indian/American Native.

2024 Nonfatal Overdoses in Hawai'i

Monthly Counts of Total Emergency Department (ED) Visits and Suspected Nonfatal Drug-Involved Visits, Hawai'i



709 ED visits involved suspected opioids, stimulants, and benzodiazepines



Opioids

Highest rate: 12.8 per 10k ED visits (Jan)
Trend: Rates fluctuated moderately but remain elevated across months



Stimulants

Highest rate: 3.0 per 10k ED visits (Sept)
Trend: Rates remained low overall with slight fluctuations throughout the year

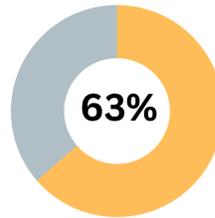


Benzodiazepines

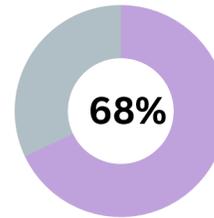
Highest rate: 1.8 per 10k ED visits (Oct)
Trend: Rates stayed consistently low with occasional small increases

Suspected Nonfatal Drug-Involved Overdoses by Sex

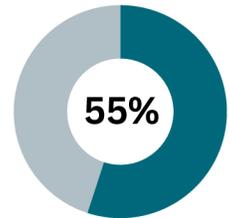
Most suspected drug-involved ED visits involved males



Opioids

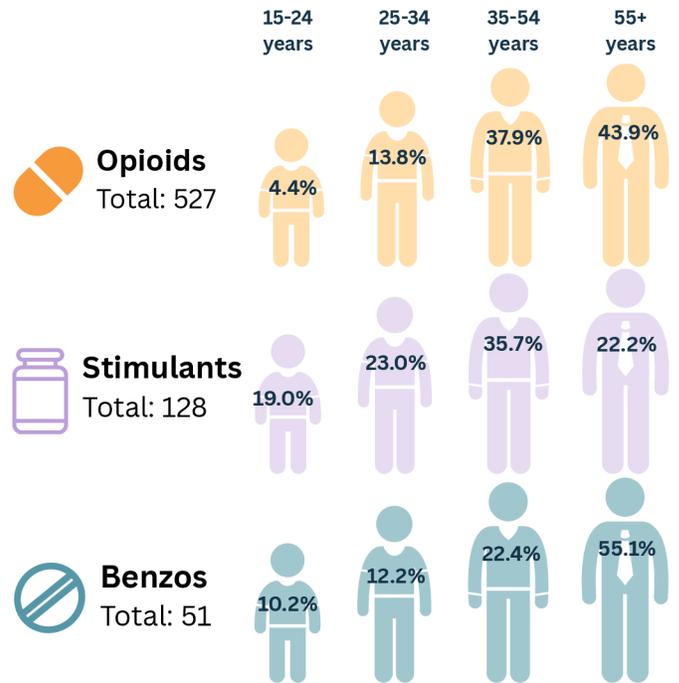


Stimulants



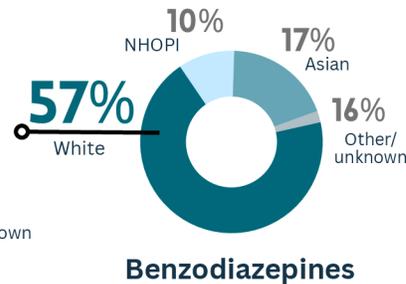
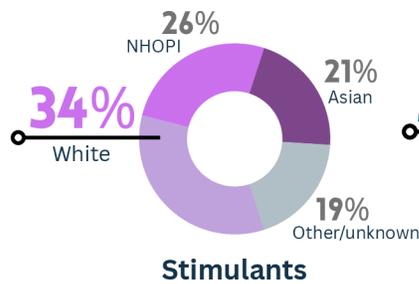
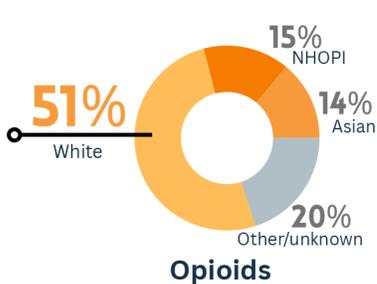
Benzodiazepines

Suspected Nonfatal Drug-Involved Overdoses by Age Group



Overall rates were highest among **ages 55+ years**

Distribution of Drug Types Involved in Suspected Nonfatal Overdoses by Race



White individuals had the largest share of suspected drug-involved ED visits

Data source: Drug Overdose Surveillance and Epidemiology Syndromic Surveillance (DOSE-SYS). DOSE-SYS uses near real-time ED visit data to quickly detect and monitor suspected nonfatal drug overdoses, complementing DOSE-DIS data. Note: Race categories are not available at a more detailed level. NHOPI = Native Hawaiian and Other Pacific Islander.