

# OVERDOSES IN HAWAI'I

2023



<https://go.hawaii.edu/m2a>

## 2023 Fatal Overdoses in Hawai'i

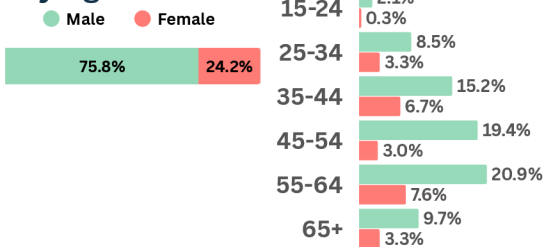
- **326 deaths** from unintentional and undetermined drug overdoses statewide
- **97%** of those who died were Hawai'i residents
- Hawai'i had the **11th highest** meth-related death rate in the U.S.



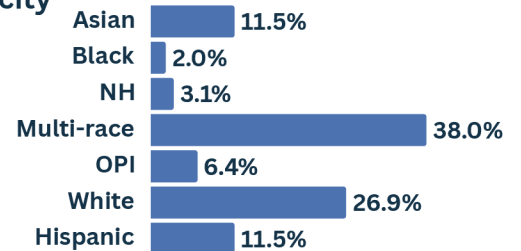
Nearly **8 in 10** overdose deaths had at least one potential opportunity for intervention

### Who died from drug overdoses?

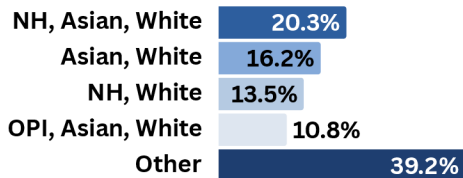
#### By Age and Sex



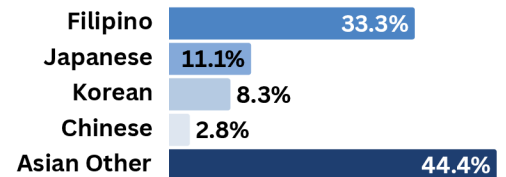
#### By Race and Ethnicity



#### Multi-Race Breakdown (38.0%)



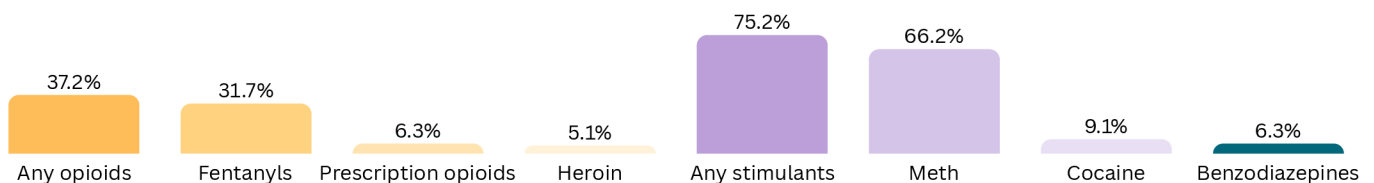
#### Asian Breakdown (11.5%)



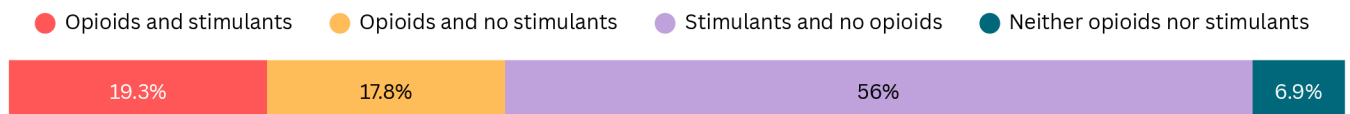
The largest proportion of overdose deaths were among individuals who were 55-64 years old, male, and multi-race.

### What drugs were involved?

#### Percentages of Overdose Deaths by Drug Type (Not Mutually Exclusive)



#### Polysubstance Use

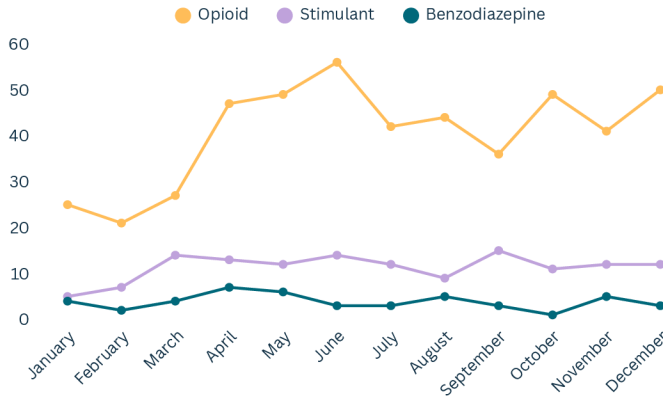


Stimulants, mainly methamphetamine, were involved in most overdose deaths, and about **one in five cases** (19.3%) involved both opioids and stimulants.

**Data source:** Hawai'i State Unintentional Drug Overdose Reporting System (SUDORS). SUDORS is a national surveillance system that provides comprehensive data on unintentional and undetermined-intent drug overdose deaths by state. **Note:** NH = Native Hawaiian; OPI = Other Pacific Islander; AI/AN=American Indian/American Native.

# 2023 Nonfatal Overdoses in Hawai'i

## Monthly Counts of Total Emergency Department (ED) Visits and Suspected Nonfatal Drug-Involved Visits, Hawai'i



**669** ED visits involved suspected opioids, stimulants, and benzodiazepines



### Opioids

**Highest rate:** 17.3 per 10k ED visits (June)  
**Trend:** Rates remained steadily elevated over time and then level off



### Stimulants

**Highest rate:** 4.9 per 10k ED visits (March)  
**Trend:** Rates showed slight fluctuations, but remained relatively stable throughout the year

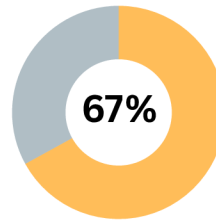


### Benzodiazepines

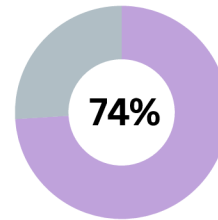
**Highest rate:** 2.2 per 10k ED visits (April)  
**Trend:** Rates stayed consistently low with little variation over the year

## Suspected Nonfatal Drug-Involved Overdoses by Sex

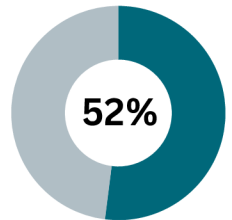
Most suspected drug-involved ED visits involved **males**



**Opioids**

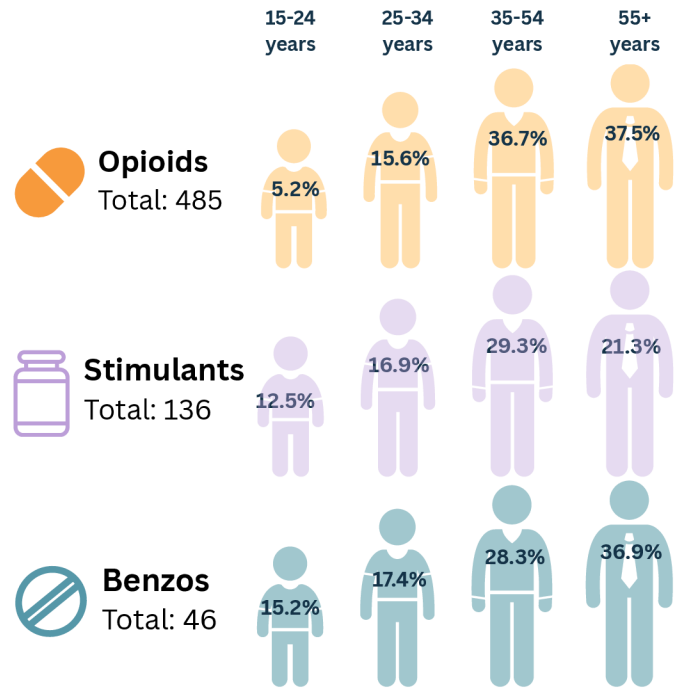


**Stimulants**



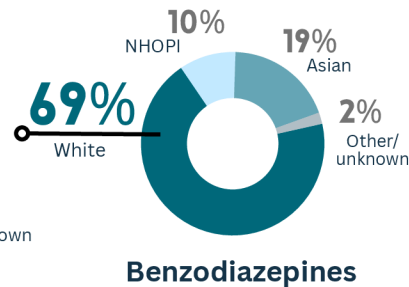
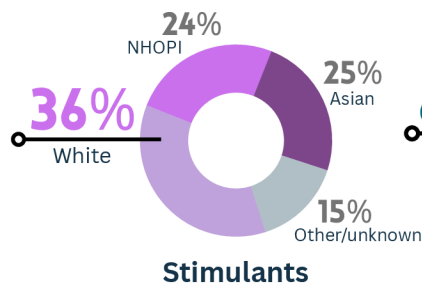
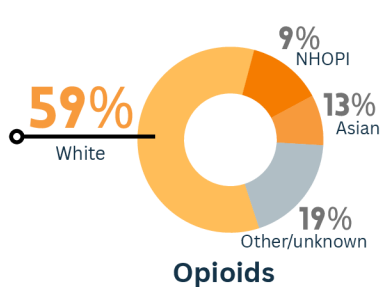
**Benzodiazepines**

## Suspected Nonfatal Drug-Involved Overdoses by Age Group



Overall rates were highest among **ages 55+ years**

## Distribution of Drug Types Involved in Suspected Nonfatal Overdoses by Race



**White individuals** had the largest share of suspected drug-involved ED visits

**Data source:** Drug Overdose Surveillance and Epidemiology Syndromic Surveillance (DOSE-SYS). DOSE-SYS uses near real-time ED visit data to quickly detect and monitor suspected nonfatal drug overdoses, complementing DOSE-DIS data. **Note:** Race categories are not available at a more detailed level. NHOPI = Native Hawaiian and Other Pacific Islander.