

OVERDOSES IN HAWAII

2023



<https://go.hawaii.edu/m2g>

2023 Fatal Overdoses in Hawai'i

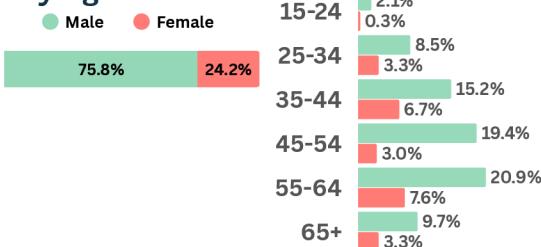
- 326 deaths from unintentional and undetermined drug overdoses statewide
- 97% of those who died were Hawai'i residents
- Hawai'i had the **11th highest** meth-related death rate in the U.S.



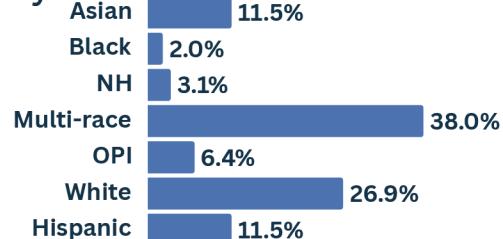
Nearly **8 in 10** overdose deaths had at least one potential opportunity for intervention

Who died from drug overdoses?

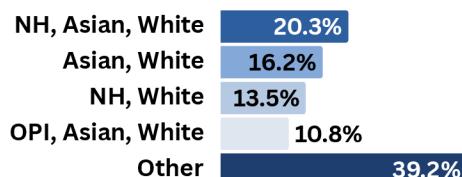
By Age and Sex



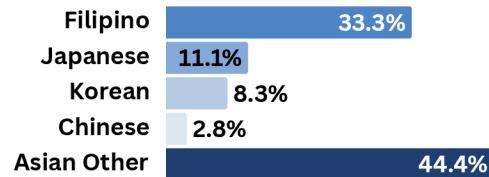
By Race and Ethnicity



Multi-Race Breakdown (38.0%)



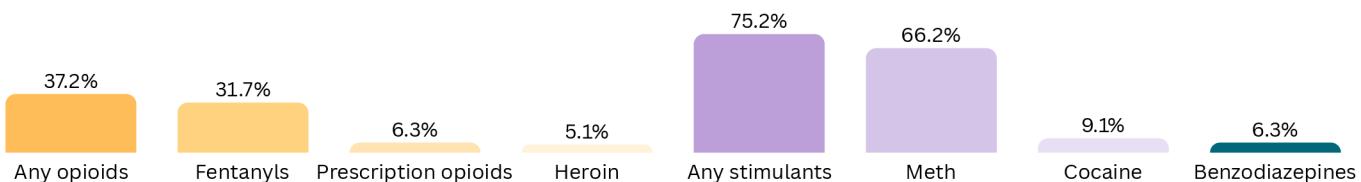
Asian Breakdown (11.5%)



The largest proportion of overdose deaths were among individuals who were 55-64 years old, male, and multi-race.

What drugs were involved?

Percentages of Overdose Deaths by Drug Type (Not Mutually Exclusive)



Polysubstance Use

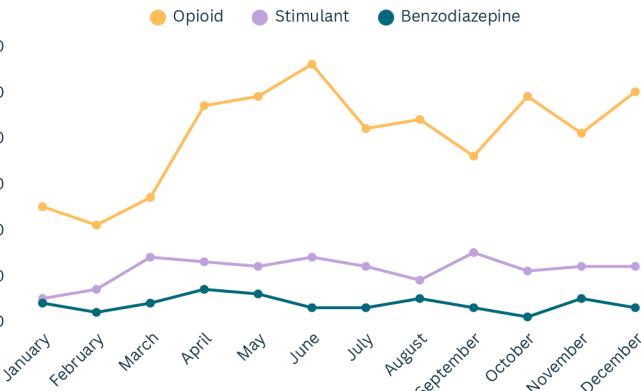
● Opioids and stimulants ● Opioids and no stimulants ● Stimulants and no opioids ● Neither opioids nor stimulants



Stimulants, mainly methamphetamine, were involved in most overdose deaths, and about **one in five cases** (19.3%) involved both opioids and stimulants.

2023 Nonfatal Overdoses in Hawai‘i

Monthly Counts of Total Emergency Department (ED) Visits and Suspected Nonfatal Drug-Involved Visits, Hawai‘i



669 ED visits involved suspected opioids, stimulants, and benzodiazepines



Opioids

Highest rate: 17.3 per 10k ED visits (June)
Trend: Rates remained steadily elevated over time and then level off



Stimulants

Highest rate: 4.9 per 10k ED visits (March)
Trend: Rates showed slight fluctuations, but remained relatively stable throughout the year

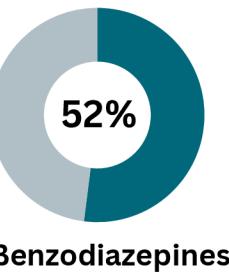
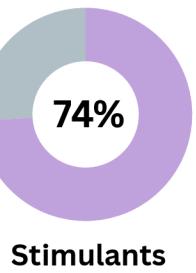
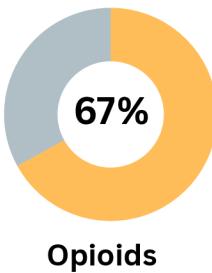


Benzodiazepines

Highest rate: 2.2 per 10k ED visits (April)
Trend: Rates stayed consistently low with little variation over the year

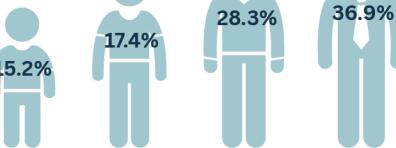
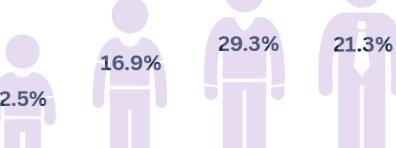
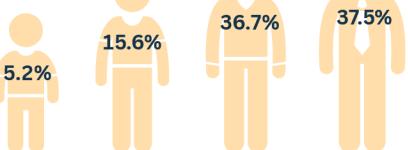
Suspected Nonfatal Drug-Involved Overdoses by Sex

Most suspected drug-involved ED visits involved males



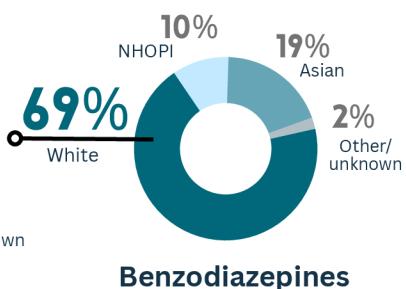
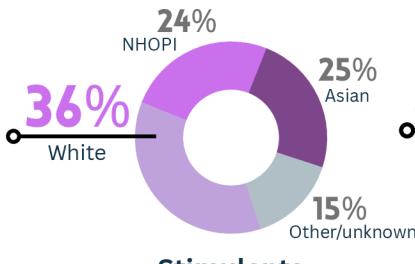
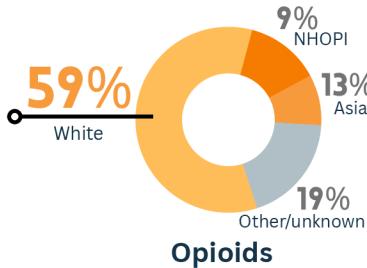
Suspected Nonfatal Drug-Involved Overdoses by Age Group

15-24 years 25-34 years 35-54 years 55+ years



Overall rates were highest among **ages 55+ years**

Distribution of Drug Types Involved in Suspected Nonfatal Overdoses by Race



White individuals had the largest share of suspected drug-involved ED visits

Data source: Drug Overdose Surveillance and Epidemiology Syndromic Surveillance (DOSE-SYS). DOSE-SYS uses near real-time ED visit data to quickly detect and monitor suspected nonfatal drug overdoses, complementing DOSE-DIS data. Note: Race categories are not available at a more detailed level. NHOPPI = Native Hawaiian and Other Pacific Islander.